

## Handy Snack Ideas

### Banana Dogs

**Need:**

- bananas
- sliced bread
- peanutbutter
- toppings

On the slice of bread spread desired amount of peanut butter. Place banana on the bread in the middle. Hold like you would a hot dog and add toppings. Toppings can be anything you want such as jelly, chocolate syrup, marshmallows, dried fruit, nuts, raisins, M & Ms, the list goes on and on! Then for something really special spray on whipped cream and top with sprinkles!!! :-)

### Awesome Owl Snack

**Need:**

- creamy peanutbutter
- 1 rice cake
- 2 banana slices
- 2 raisins
- 6 froot loops
- 1 cheese triangle
- 1 plastic knife

Spread peanut butter on the rice cake. Add banana circles for eyes. Add 2 raisins on the banana slices to finish off the eye. Add 6 froot loops above the banana slices for the eyebrow. Add 1 cheese triangle under the banana slices to form the beak. Eat and enjoy your owl snack!

### Daisy Apple

**Need:**

- 2 Tbs. raisins
- 2 Tbs. crunchy or creamy peanut butter
- 1 McIntosh apple
- Peanuts for garnish (omit if making for small child)

Set aside a few raisins for face. Stir remaining raisins into peanut butter. With apple corer or paring knife, remove core and seeds from apple. Using a small knife or spoon, push peanut butter mixture into center of apple. Make a happy face on top of peanut butter using reserved raisins. Optional: Arrange peanut halves around edge of peanut butter forming a circle. Chill before serving.

### Edible Earth

**Need:**

- rice crispy type cereal
- marshmallow cream
- butter or margarine
- foil
- pizza pan
- food coloring
- water
- small container
- new children's paint brushes
- plastic baggies

Prepare a rice crispy treat mixture by combining rice crispy cereal, butter or margarine and marshmallow cream according to the recipe on the box of the cereal. While the mixture is cooling have the children place baggies on their hands and coat the baggies with margarine. Now that the mixture is cool enough to handle have the children press the mixture onto a foiled covered pizza pan. Mix food coloring and water into a small container. One container with blue color and the other with green. Have the children "paint" the ocean blue and the land green. When the earth is complete cut and eat.

# Funny Face Carrot Salad

**Need:**

- 2 carrots
- 1 small can crushed pineapple
- 1/2 cup vanilla yogurt
- Raisins

Wash and peel carrots. Roll up a few long shavings and save them for "hair" on the final salad. Grate carrots with a grater. Be careful of your fingers! Drain can of crushed pineapples in a strainer, using a spoon to push out the juice. Toss pineapple with carrots, then add vanilla yogurt. Spoon some salad onto a plate. Make a smiling face with raisins. Style carrot "hair", and serve with a smile!

# Healthy Snowcones

**Need:**

- Juice
- A salad shooter or other ice shredding mechanism

Freeze juice in ice cube trays, 4-6 ice cubes needed per cup, Put through salad shooter, or shredder and instant healthy snow cones- Daycares list as juice or will not be admitted as proper food.

# Monster Mash

**Need:**

- 1 scoop Boo Goo (vanilla ice cream)
- 1 tbsp. Swamp Mud (chocolate syrup)
- 1 tbsp. beetle bugs (miniature chocolate chips)
- 10 Monster toes (miniature marshmallows)

Above ingredients serves 1

Place ingredients in paper cup. Mash them with spoon. Top with slug slime (green food-colored cool whip).

# Nine Patch Toast

**Need:**

- bread
- plastic knives
- swiss cheese slices
- american cheese slices

Give each child a piece of bread. Have them place a slice of swiss cheese on the bread. Give each child a slice of American cheese. Have them cut the cheese into three rows and three columns with a plastic knife to make 9 squares of cheese. Each child should eat the top and bottom middle squares and the left and right middle squares. Have each child place the American cheese squares in the middle and top corners on top of the Swiss cheese slices to resemble a "nine patch" quilt. Toast the bread slightly for a wonderful snack.