

Register for Yes, You CAN!

Registration Information:

(Please complete and fax to 919-545-9060, or email cra@cra-recycle.org)

Name: _____
Street Address: _____
City: _____
State: _____ Zip: _____
Phone: _____ Fax: _____
Email: _____

Organization/Affiliation: _____

Date and location you will attend: _____

Please inquire, some locations may require a \$25 meal charge. If so, please circle preference below and include payment with registration.

Meal: Yes/No. If Yes: Vegetarian/Vegan/No Preference.

Please fax completed form to 919-545-9060,
Attn: Yes, You CAN!

Or email your information to staff@cra-recycle.org,
with "Yes, You CAN!" in the subject line.

The CRA and its councils do not discriminate on the basis of race, color, religious affiliation, sex, disability, or age in its membership, programs, trainings, activities, or employment.



The Voice of Composting in the Carolinas



“Yes You CAN*!”
(*Compost and Naturescape)

a project of the

Carolinas Composting Council

An integrated composting and naturescaping Train-the-Trainers program aimed at educators who work with youth and from facilities which process food wastes and yard wastes. Participants will learn to teach an environmentally friendly way to compost these wastes, and to garden and manage their landscapes in a holistic system that works with nature to promote wise and sustainable management of natural resources, (reducing dependency on chemicals used in the landscape.) Training materials will be distributed so course attendees can then offer a one-day **Yes, You CAN!** training course at their facilities.

For more information; contact the Carolina Recycling Association at 919-545-9060, or email cra@cra-recycle.org.

Carolinas Composting Council
Carolina Recycling Association
PO Box 1578
Pittsboro, NC 27312

Phone: 919-545-9050
Fax: 919-545-9060
Email: staff@cra-recycle.org

Funded by
EPA Region IV
2007

Course Goals and Objectives

What will be achieved?

- ◆ Completion of Train-the Trainer courses in each of the EPA Region IV states.
- ◆ Dissemination of training materials to course attendees.
- ◆ Education of local trainers to offer Yes, You CAN! Courses to professionals in each state.

What will the impact be?

- ◆ Trainers will learn how to divert food and yard wastes from landfills by composting.
- ◆ Trainers will learn how the use of compost and naturescaping can be more environmentally sustainable.
- ◆ Potentially, this training will reduce the amount of food and yard wastes landfilled, increase recycling rates, reduce the amounts of chemicals used in landscaping and grounds maintenance, and reduce the amount of non-point source pollutants generated.



Whom will the project benefit?

- ◆ Youth Leaders and Interns
- ◆ University and College Recycling Coordinators and Groundskeepers.
- ◆ Certified Environmental Educators.
- ◆ Native American Tribes.

This project is funded by the US EPA Region IV

The mission of the U.S. Environmental Protection Agency is to protect human health and to safeguard the natural environment - air, water, and land - upon which life depends.



Course Agenda

First Day

Making High Quality Compost—I

The Composting Process
Compost Materials
Conducting Solid Waste Audits

Making High Quality Compost—II

Composting Methods & Equipment Needs
Composting Operations
Composting System Management
Site & Environmental Considerations



Field Exercise

Building a Compost Pile
Determining Bulk Density
Determining Moisture Content

Second Day

Compost Use

Compost Quality
Testing for Compost Parameters
Benefits of Compost Use
Use of Compost



Naturescaping—I

Naturescaping Principles:
Ecology for Gardeners
Soil Stewardship

Naturescaping—II

Native and Invasive Plants
Lawn Care
Reducing Toxins & Managing Pests

Naturescaping—III

Course Evaluations

Field Exercise

Monitoring Compost Pile Temperature
Site Assessment & Soil Testing
Native & Invasive Plant Identification